



# FUNCTIONAL ROOM TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-6:15AM <b>HIIT</b> CALUM	5:30-6:15AM <b>SPARTAN</b> CARMEN	5:30-6:15AM <b>HIIT</b> SIAN	5:30-6:15AM <b>INDUSTRIAL STRENGTH</b> IMOGEN	5:30-6:15AM <b>KETTLEBELL FIT</b> CAITLIN		
					6:30-7:15AM <b>GIANTS</b> IMOGEN	
					8:00-8:45AM <b>BOSS</b> JAMES	
9:00-9:45AM <b>HIIT</b> CAITLIN	9:00-9:45AM <b>INDUSTRIAL STRENGTH</b> CARMEN	9:00-9:45AM <b>TABATA</b> TOM	9:00-9:45AM <b>BARBARIC</b> SAMANTHA	9:00-9:45AM <b>GIANTS</b> PAUL		9:00-9:45AM <b>WOW</b> JACK
					9:30-10:30AM <b>YOGA</b> BIANCA	
10:00-10:45AM <b>BOSS</b> JAMES	10:00-10:45AM <b>MOVE</b> CALUM	10:00-10:45AM <b>KETTLEBELL FIT</b> JAZZ	10:00-10:45AM <b>MFR</b> CARMEN	10:00-10:45AM <b>BOSS</b> ANNA-SKYE		
	11:00-12:00PM <b>Staff Development</b>	11:00-12:00PM <b>Studio Unavailable</b>				
5:30-6:15PM <b>BARBARIC</b> CAITLIN	5:30-6:15PM <b>TABATA</b> PHOEBE	5:30-6:15PM <b>BOSS</b> JAZZ	5:30-6:15PM <b>HIIT</b> CAITLIN	5:30-6:15PM <b>INDUSTRIAL STRENGTH</b> JAZZ		
6:30-7:30PM <b>YOGA</b> BIANCA	6:30-7:15PM <b>GIANTS</b> TOM		6:30-7:30PM <b>YOGA</b> BIANCA	6:30-7:15PM <b>MFR</b> JAZZ		